



## **MEANINGFULNESS OF LIFE**

In the pandemic period of lockdown, the time has taught us many lessons relationships are built on quality time spent together, small gestures of kindness have a huge impact, technology is an inevitable part of our lives, the earth is thriving without human interference and we breathe unpolluted air.

















For Admission Enquiries

040 - 44 600 600

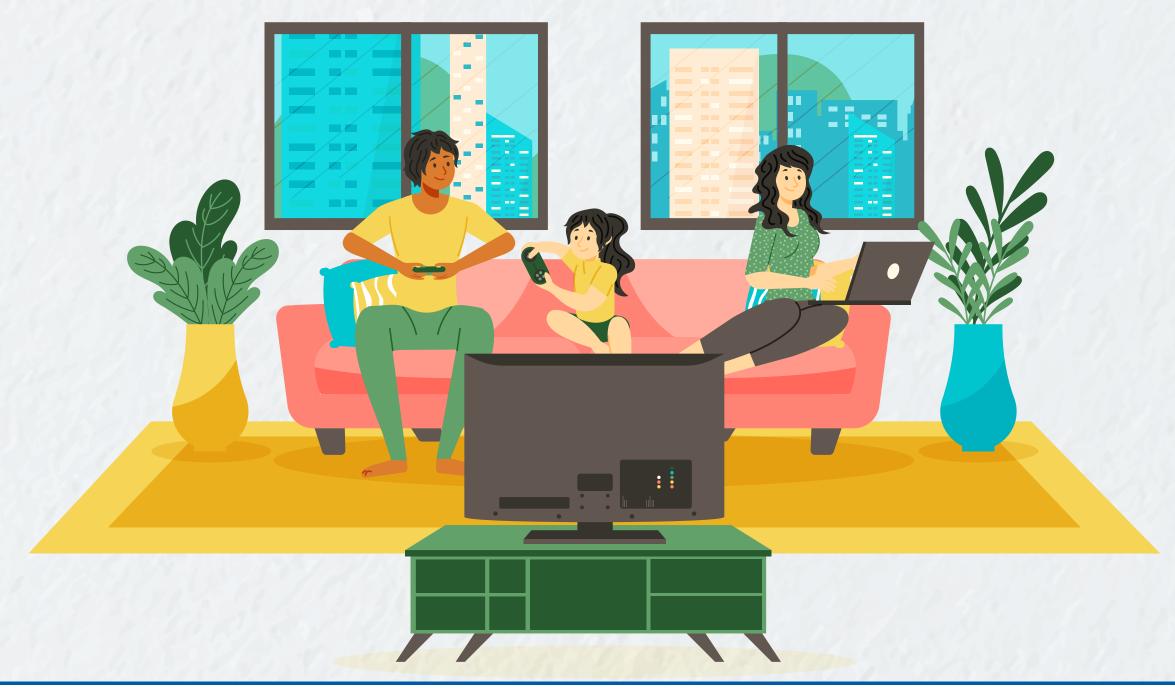




Today, let everyone of us take time to reflect on the lessons learned during the lockdown.

What have you discovered about yourself? What new skills have you built? What fears have you overcome? How did you manage your family and yourself in the anxious moments. How did you build your hope? How did you prepare yourself for the post lockdown? What did you observe in your children? Do you know their strengths and weaknesses? Did you help them to overcome their weak points? Did you

discovered their hidden talents?







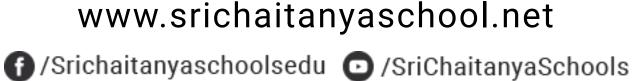


















Have you learned to appreciate your partner's flaws? Do you forgive petty issues quickly now? Did you help each other? Were you supporting each other?

How is your bonding with your with your relatives and neighbours? Have you made deeper connections and found creative ways to ease their lack or loneliness? How much helpful were you to them?























We never got time to appreciate the nature. During this lockdown have you taken time to admire nature rejuvenate to its original glory? Did your heart and ears ever filled with the sounds of the songbirds and the clatter of rain? Do you feel more connected to people than ever before despite the physical distance? How much you missed your relatives, friends and colleagues? Lastly, have you found meaningfulness to your life?

## Make your day joyful

















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