

## ALL Q'S

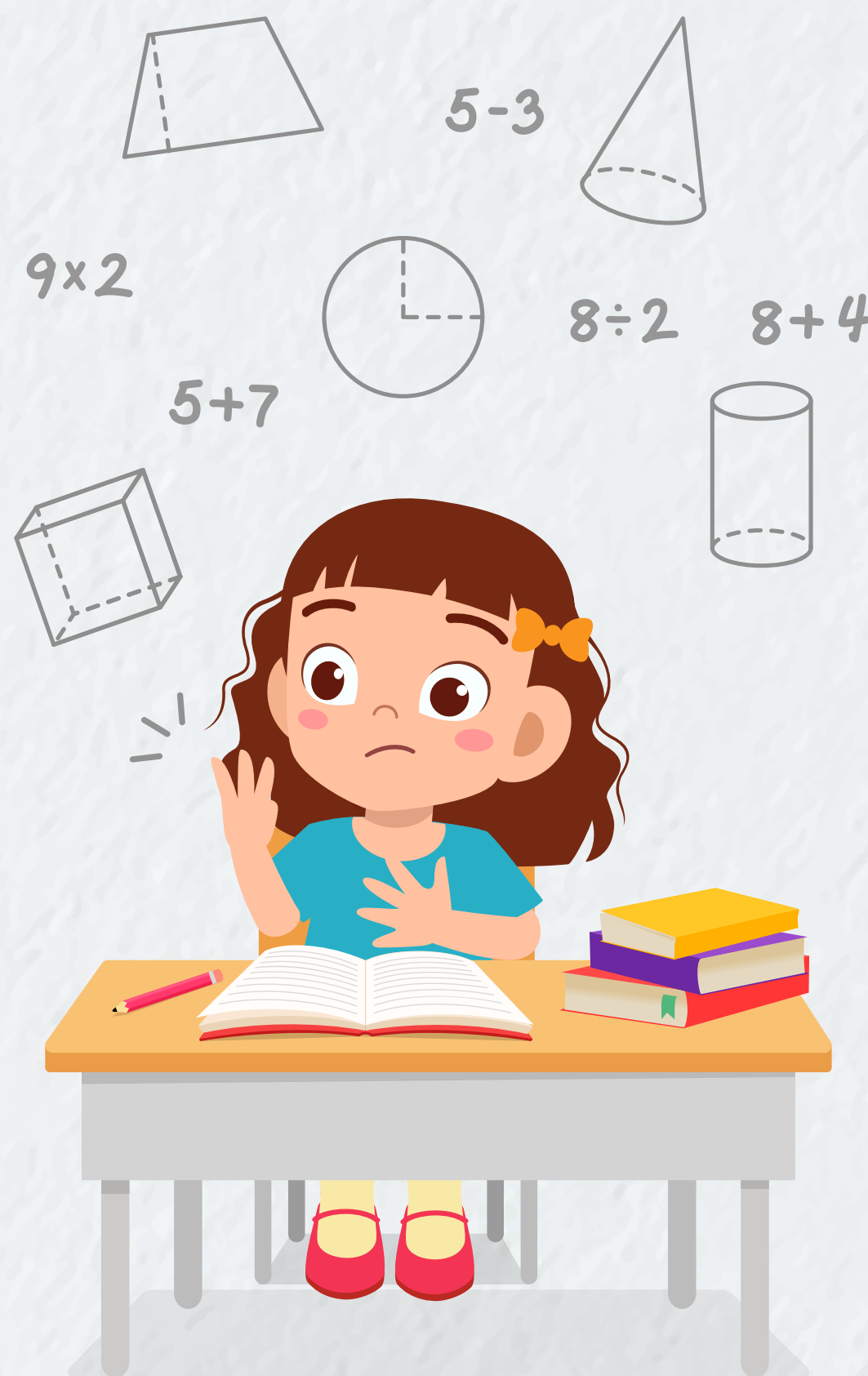
Most of us know it, but it is still nice to read this systematic interpretation 'IQ' 'EQ' 'SQ' 'AQ' According to psychologists, there are four types of intelligence:

- 1) Intelligence Quotient (IQ)
- 2) Emotional Quotient (EQ)
- 3) Social Quotient (SQ)
- 4) Adversity Quotient (AQ)






**1). Intelligence Quotient (IQ):** This is the measure of your "comprehension ability", solve maths; memorize things & recall subject matters.



  
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**2). Emotional Quotient (EQ):** This is the measure of your ability to maintain peace with others; keep to time; be responsible; be honest; respect boundaries; be humble, genuine & considerate.



  
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**3). Social Quotient (SQ):** This is the measure of your ability to build a network of friends & maintain it over a long period of time.

People who have a higher EQ & SQ, tend to go farther in life, than those with high IQ, but low EQ & SQ. Most schools capitalize in improving the IQ level, while EQ & SQ are played down. A man of high IQ, can end up being employed by a man of high EQ & SQ, even though he has an average IQ. Your EQ represents your character; your SQ represents your charisma. Give in to habits that will improve these three Qs, but more especially your EQ & SQ. EQ & SQ make one manage better than the other. Please do not teach children only to have higher IQ, but also to have higher EQ & SQ. And now there is a 4th one - A new paradigm..



  
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**4). The Adversity Quotient (AQ):** The measure of your ability to go through a rough patch in life & come out without losing your mind. AQ determines who will give up in face of troubles & may abandon their families.

Dear Parent - Expose children to other areas of life, than academic. They should adore manual work (never use work as a form of punishment), sport & art. Develop their EQ, SQ & AQ. They should become multifaceted human beings, able to do things independently of the parents.

Do not prepare the road for the children...prepare the children for the road.

**Make your day joyful**

