



## **TRULY MATTERS**

Now Corona virus or COVID -19 is the most often used word in Today's times.

## When you say the word 'Corona', what does it do to you?

You get fearful, you get anxious ,there's great panic within you.

Our internal thoughts is all about the 'Corona'. Our external dialogue is all about 'Corona'. Be it the Facebook ,Twitter, Instagram, Radio - the news, our friends and our family.

Do you know science proves that each word has a frequency. Each word has an energy. It sends impulses to the brain and we produce corresponding chemicals. And that's how the alchemy of our body changes. And we start to feel happy, sad, disturbed or panicked.





















## Now can you imagine what we are doing to our body on a daily basis these days?

So let's change the energy and the frequency of the word Corona.

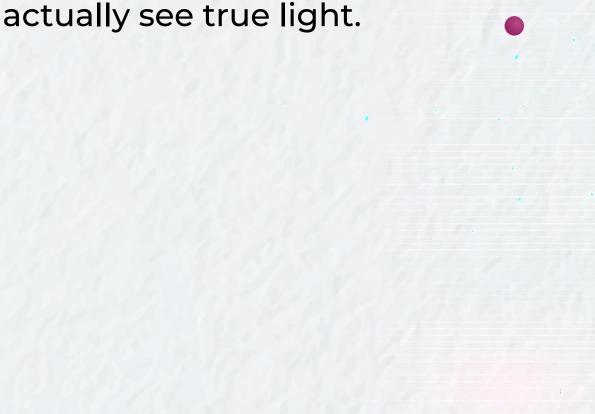
Perhaps you know the actual meaning of the word Corona is 'The Crown'.

The Virus has crown like spikes on it. Hence it is called 'The Corona'

But did you know the outer layer of the atmosphere of the sun is also called the Corona. It has a beautiful golden ring which we can never ever see because the sun is so bright that we are blinded by its light. But when the sun goes through the solar eclipse, when it goes through the complete darkness we can see beautiful stellar corona in its golden light.

So think about it. We humans are going through exactly the same thing.

We are going through complete darkness and if we allow ourselves we could

























We have been so blinded by our life style, our houses, our cars, the fast paced life, our bank accounts, our own self, our problems, we have been so blinded celebrating wrong heroes and heroines. Have we truly stopped and celebrated the ones who timely matters? Our farmers, our health care providers our doctors, our nurses, our police, our teachers, our elders, our seniors. So the virus is here to make us go through dark times but also to see what timely matters.











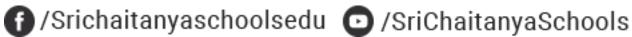






For Admission Enquiries

040 - 44 600 600







And what truly matters today is kindness, love, generosity and oneness. Today what we really want is each other. To tell each other that I'm here for you and its' all going to be fine to celebrate the simple things in life. So the next time when you think of the word Corona, think about your true light, your wisdom. And the wisdom is all about oneness, kindness, love and care for each other.

## Make your day joyful

















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