



## **IMITATE EAGLE**

There are many lessons we can learn from eagle.

Eagles don't eat dead prey. They are not scavengers. They go for a fresh meal.

Put away old, unhealthy, unhelpful habits and ways of thinking which made you sick. Feed yourself with fresh, healthy and helpful ingredients to renew

your mind and body.

















For Admission Enquiries

040 - 44 600 600





Eagles love storms. While other birds hide for cover during storms, the eagle loves the challenge of flying into one. In this world things change fast, you have to accept these challenges quickly to fly through them gracefully. Accept randomness as part of everyday life. The more you embrace challenges, the readier you are for the next storm

Eagles soar high. They have standards. Let go of the mediocre mindset that made you feel helpless and powerless.

"If you're going to be thinking, you may as well think big". Overcome your mental obstacles today.

## MAKE YOUR DAY JOYFUL















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