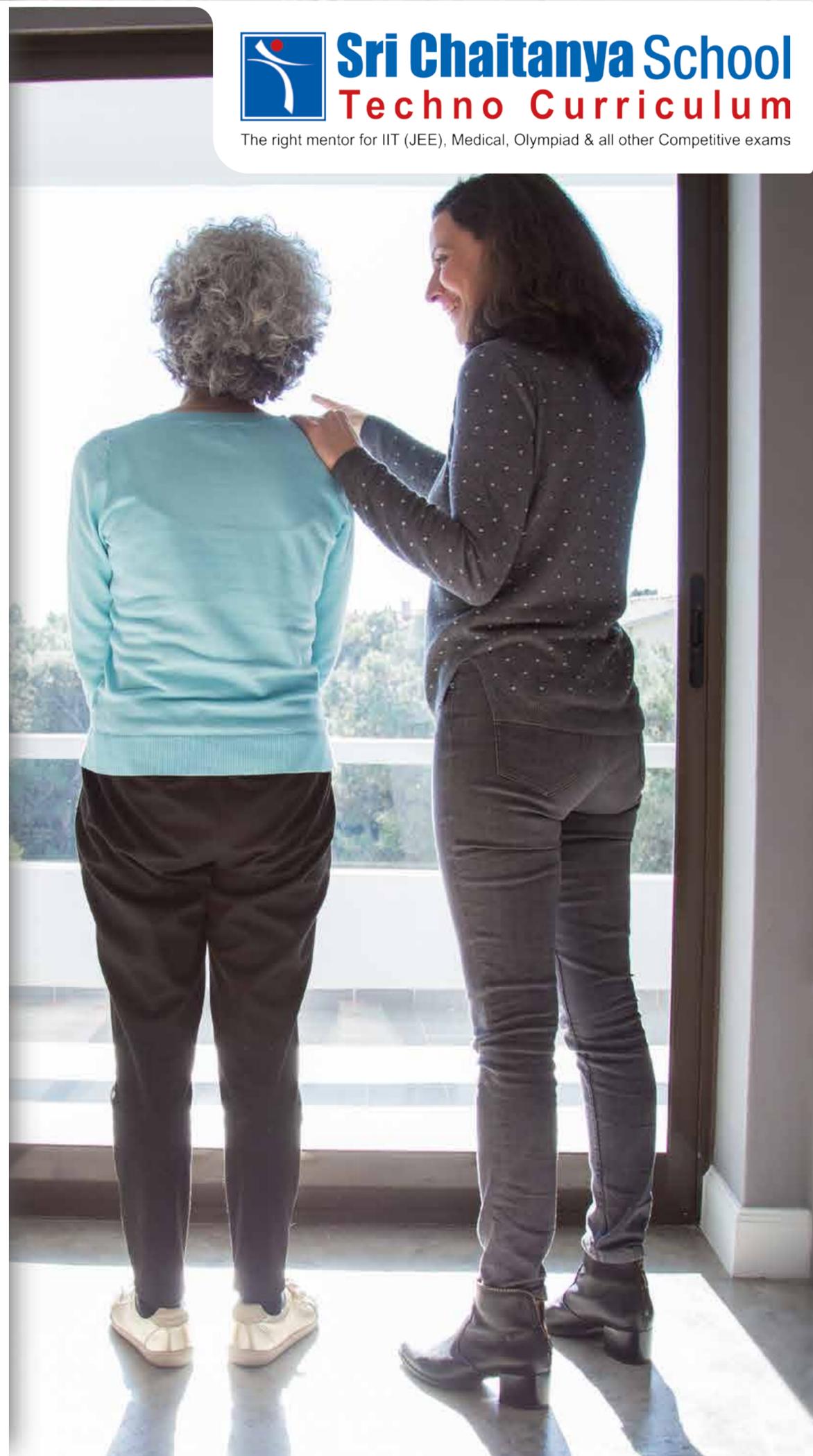


## CARE YOUR AGING PARENTS

Many people are so busy with day-to-day schedules that taking time off work to be with their aging parents is difficult.

You can be productive at work while still giving your aging parents the care and attention you would love to give them.

Isolation, loneliness, and boredom are the most common issues among elderly people. It may be compounded by mobility issues. The inability to drive as much as they used to could compound the loneliness they feel on a daily basis. Worse still, they see their friends passing away. There are fewer opportunities to make friends and get involved in social engagements, adding to the reason why many older parents tend to stay at home.



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Caring for aging parents may be a top priority for their children. Even when you employ the services of a caregiver to take care of your aging parent, there is still the possibility of lack of satisfaction, excitement, or fun. Your parents might not have any social connections with the caregiver other than cleanliness in the house. These are some of the issues you should think about when considering your parents—even if you are the busiest person in the world.

So, as an adult child, what can you do to protect your parents from boredom and the realistic possibility of being scammed? Here is some advice you can use to stay closer to your aging parents and ensure that they get enough care.

**MAKE YOUR DAY JOYFUL.**



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