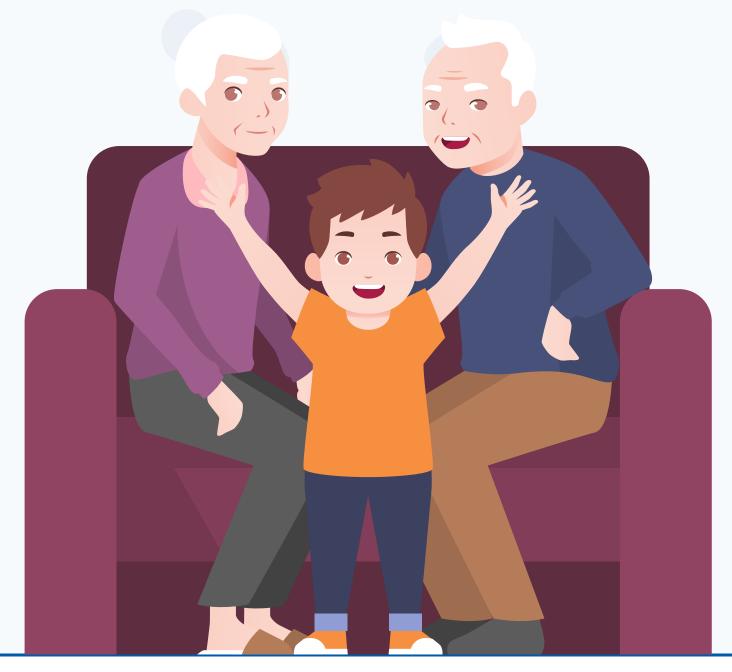




CHERISHING GRANDPARENTS

Fortunate people have grandparents. They are jewels in the family. Their wrinkled skin tell stories of love, hardships and sacrifices. Today, foster communication between your children and their grandparents or great-grandparents whether they are far or near.

- 1. If your senior parents are living with you, take time in the day to sit down and talk to them. They tend to feel lonely but do not say so because they understand that you are occupied with work.
- 2. Children tend to become so busy with academics, Netflix, video games or chatting with peers that they tend to take for granted the members at home especially their grandparents. Ensure that your children maintain daily communication with them which is not limited to mundane things.







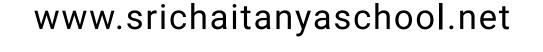


















3. Take time to also fondly recall memories of grandparents who have left for heavenly abode.

There's a lot of wisdom that an old person carries and they are eager to share that wisdom if you only make time to listen.

Have a memorable day with your grandparents preserve it as a precious memory to cherish and celebrate their life in your life.

MAKE YOUR DAY JOYFUL.

